



# Balance™

Forward Pivot Synchro

1. Back Height .....

---6. Arm Pad Position

.....5. Arm Height

2. Seat Tilt Tension .....

3. Seat Height .....

.....4. Seat & Back Angle



## Balance™ - Forward Pivot Synchro

1. **Back Height** - Slowly lift the back until you have the appropriate lumbar support. If the back is too high, lift the back all the way up and then lower to the first position.
2. **Seat Tilt Tension** - Rotate it forward to increase tension or turn the control backward to decrease tension.
3. **Seat Height** - Push the lever down and lift your weight to raise the seat to the desired position. To lower the seat, push the lever down while remaining seated.
4. **Seat & Back Synchronies Angle** - While seated, twist the left side control forward to release seat into rocking mode. Slight rearward pressure against the backrest may be required to regain rocking mode. Lock in any of 5 preset positions by holding that position and rotating the control rearward.
5. **Arm Height** - Press button under arm pad to adjust height until your arms are properly supported.
6. **Arm Pad Rotation** - Grasp the arm pad and pivot arm to desired position.