



# 1000 Series

Multi-function



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1. **Lumbar Height** - Locate the support inside the backrest and slide up or down. Position the support to fit comfortably in the curve of your lower back.
2. **Seat Height** - Lift the lever and lift your weight to raise the seat to the desired position. To lower the seat, lift the lever while remaining seated.
3. **Seat Angle** - Push down to adjust seat angle. Lift to lock into place. For rocking, push the lever all the way down.
4. **Back Angle** - Lift lever and recline to your desired position. Release lever to lock into place.
5. **Seat Tilt Tension** - From in front of the chair turn the knob to the right to increase tension or turn the knob to the left to decrease tension.
6. **Forward Tilt-stop** - To increase forward tilt, recline seat angle slightly and then rotate the control forward. To reduce, rotate the control backward.
7. **Seat Slider (Depth)** - With your back against the backrest, lift the lever to disengage the lock and slide the seat to your desired position. Release the lever to lock the seat in place.
8. **Arm Width** - Push lever down to release the arm and slide the arm to the proper position. Lift lever to lock arm into place.
9. **Arm Height** - Press button to adjust height until your arms are properly supported.
10. **Arm Pad Rotation** - Squeeze the lever under the front of the arm pad to rotate in a full 360° circle. Release the lever to lock into desired position.
11. **Arm Pad Position** - Squeeze the button on the edge of the pad to release and slide in any direction.